

**Become a Dementia Friend!**

**Find out about the 5 key messages we think everyone should know about Dementia and what life is like for people living with the disease.**

**Dementia Friends is about learning more about the small ways you can help people in the community.**

**Join us for a 45 minute awareness session!**

**Tuesday 12th March 2024**

**1pm – 3pm**

**Salisbury Community Hall**

**Govilon**

**NP7 9PT**

**This session is suitable for all members of the community, volunteers, professionals and for family members.**